Story by Planet ZOZO www.planetzozo.com

COUNTING SHEEP



- Some nights, I cannot sleep
- ² I lie awake in bed.
- ³ I think.
- 4 I think about many things.
- 5 I think about my friends.
- I think about my family.
- 7 I think about things that happened in the past.
 - 8 I think happy thoughts.
 - It makes me happy and smile.
 - 10 I try to fall asleep. But I still cannot.
 - 11 Then I start to count sheep.
 - ¹² They say that if I count sheep, I will fall asleep.
 - ¹³ The sheep jump over a fence. One by one.



- 14 I count in my head.
- 15 I count slowly:

One sheep Two sheep Three sheep ...



- ¹⁷ I can normally count to 100.
- ¹⁸ But I always fall asleep before I reach 20.
- 19 I think it helps me to fall asleep.



- ²⁰ Other nights, I play my music box.
- 21 I wind it first.
- ²² The music from the music box is very pleasant and soothing.
- ²³ It is like a lullaby
 - ²⁴ I imagine I am in a wonderland.
 - ²⁵ I imagine I meet strange and funny creatures.
 - ²⁶ I can talk to them.
- ²⁷ I imagine I can fly.
- ²⁸ I imagine I fly above the clouds.
- ²⁹ I imagine a colorful forest with a river of silver.

- ³⁰ I finally fall asleep.³
- ³¹ I dream sweet dreams.
- ³² I always wake up in a good mood the next morning.

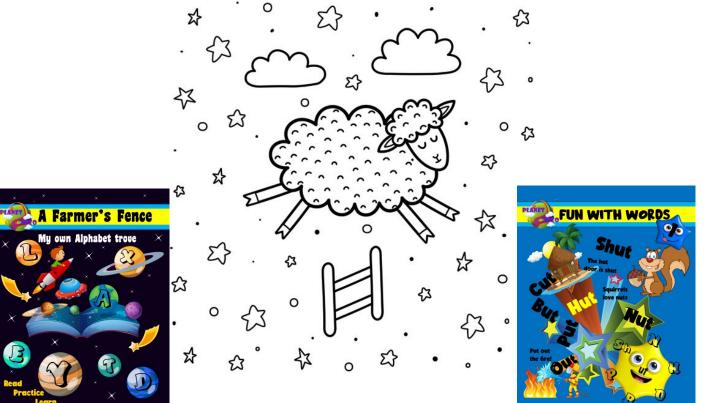




How about you?

- 1 How do you fall asleep at night?
- **2** Do you fall asleep right away?
- **3** What do you think about?
- 4 Do you count sheep?
- 5 How many sheep can you count before you fall asleep?
- 6 Do you play the music box?
- 7 What do you imagine?
- 8 Do you read a book?
- Do you enjoy reading books?
- **10** What do you dream about?
- 11 Do you have sweet dreams?
- **12** What did you dream about last night?
- 13 Did you have sweet dreams?
- 14 Are you in a good mood when you wake up in the morning?





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